

HAND THERAPY @ BASE

What is a Hand Therapist?

Hand therapists are registered physiotherapists and occupational therapists who have undertaken postgraduate study to specialise in the assessment and treatment of lower arm pathology.

We Offer:

- Prompt, effective specialised treatment
- We are all members of the New Zealand Association of Hand Therapists

Common Conditions Treated Include:

Acute trauma – tendon and nerve repairs, fractures and crush injuries

Soft tissue injuries – wrist, thumb and finger sprains

Tendon pathology – tennis and golfers elbow

Neuropathy – carpal tunnel syndrome and cubital tunnel syndrome

Rehabilitation – after elective surgery

Scar management – after surgery and burns

Arthritis – osteoarthritis and rheumatoid arthritis

- We also do vocational rehabilitation – work site assessments and return to work programmes for clients with upper limb injuries

Contact Us:

We are based in the Therapy Department at Taranaki Base Hospital
Clinics are also run at Hawera Hospital twice weekly
Usual clinic hours are **08:00-16:30**

Phone 753 7742 (extension 8981 for Hand Therapy)

Fax 753 7802

Email john.forrest@tdhb.org.nz