



CONTACT US

Your Public Health Nurse can be contacted through the school office or alternatively through the contact details below:

- Monday to Friday
- At your school or pre-school centre

or phoning an office in your area:

| | |
|--------------|---------------|
| New Plymouth | (06) 753 7790 |
| Inglewood | (06) 756 7444 |
| Waitara | (06) 754 6680 |
| Opunake | (06) 761 8090 |
| Stratford | (06) 765 8840 |
| Hawera | (06) 278 9939 |
| Patea | (06) 273 8595 |

or contact:

Child and Adolescent Community Centre,
Taranaki DHB,
Tukapa St,
New Plymouth

Phone (06) 753 7790
Fax (06) 753 7791

Public Health Nurses are required to work in accordance with the Privacy Act 1993 and Section 125 of the Health Act.



MISSION STATEMENT

To Provide a Public Health Nursing service that supports children and young people to reach their full potential in a healthy community.

PUBLIC HEALTH NURSING

Free Health Service for School Aged Children



Supporting children and young people to reach their full potential in a healthy community

www.tdhb.org.nz

TDHB 0801-29





■ ■ WHAT IS A PUBLIC HEALTH NURSE?

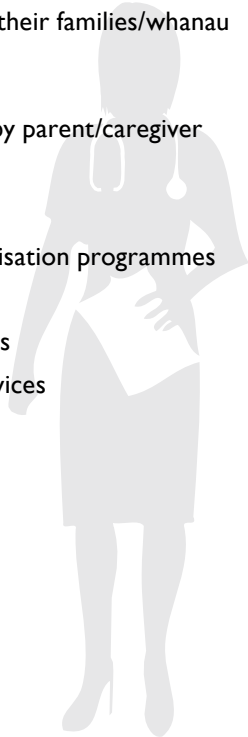
Public Health Nurses are Registered Nurses who work with schools and communities to promote health and wellbeing.

■ ■ INFORMATION FOR PARENTS AND CAREGIVERS

Schooling is important and children learn best when they are healthy and feeling good about themselves.

Public Health Nurses can help children, their families/whanau and teachers with:

- Health assessments - as requested by parent/caregiver
- Health information
- Assistance with health concerns
- Organisation and delivery of immunisation programmes in schools
- Links with other health professionals
- Access to specialist child health services
- Self referral clinics in some schools
- Child advocacy and protection
- Referrals to Health Camp



■ ■ CHILD AND ADOLESCENT TEAM

Public Health Nurses are members of the Child & Adolescent Team which provide a wide range of health services.

These members include:

Child & Adolescent Mental Health Team

- Psychiatrists
- Psychologists
- Mental Health Therapists

Child & Adolescent Therapy Team

- Physiotherapists
- Occupational Therapists
- Speech Language Therapists
- Vision/Hearing Technicians
- Paediatric District Nurses
- Dental Therapists
- Social Workers
- Dietician
- Paediatricians
- Community Medical Officers

Other specialist staff such as Medical Officers of Health and Health Protection Officers are also available.

■ ■ THE PUBLIC HEALTH NURSE CAN HELP

If you have concerns about your child's health and development such as:

- Allergies
- Asthma
- Mental illness
- Wetting/soiling
- Head lice
- Scabies
- School sores
- Parenting
- Nutrition
- Speech
- Hygiene
- Skin rashes
- Turns or fits
- Puberty
- Hearing
- Eyesight
- Behaviour and developmental concerns

■ ■ ADOLESCENT HEALTH

Public Health Nurses provide a free confidential service to adolescents in conjunction with the Community Medical Officer. Public Health Nurses provide self referral clinics in all secondary schools covering:

- Health concerns
- Emotional support
- Sexuality education
- Smoking cessation
- Sexuality, relationship and contraceptive advice
- Emergency contraception
- Sexual health advice and screening

