

Postgraduate Pathway Long Term Condition Management - 2012



Partnerships make the difference

A pathway for postgraduate study for nurses and other health professionals in Postgraduate Certificate focused in long term conditions management in primary health care and other clinical settings

A three step qualification approved by Nursing Council of New Zealand

- each step ends in a qualification, can be followed by a pause or leads on directly to the next.
- B Grade Average (GPA5) needs to be achieved to progress on to Masters.

Postgraduate Certificate in Health Sciences

60 pts - 1 yr part-time

Recommended* Courses

NURSING 738	Long term condition Management	30pts
NURSING 771	Chronic Care Interventions	30pts

60 pts

Postgraduate Diploma in Health Sciences

Advanced Nursing 60 pts

Recommended* Courses

Choose 60pts from the following
Seek academic course advice

NURSING 742	Biological Science for Practice	30pts
NURSING 773	Advanced Assessment and Clinical Reasoning	30pts
POPLPRAC 756	Adult Rehabilitation Studies	30pts

60 pts
seek academic course advice

Master of Nursing 120* pts

Taught Masters	120 pts Coursework	
Research Masters	90 pts Portfolio	30 pts Optional Course/s
	120 pts Portfolio or Thesis Research course prerequisite	

240 pts

A range of courses may also be taken to complete MN or MHSc including primary health care; rural nursing; palliative care; preparation for prescribing.

*Students are **encouraged** to seek academic advice about course changes/options that reflect **personal preferences**

If proceeding to Research Masters a research course is a prerequisite

All of our courses lead to qualifications that are approved by the Nursing Council of New Zealand and therefore are eligible for funding by Health Workforce New Zealand. Contact your local DHB HWNZ Co-ordinator.

Contacts for information about...

Pathway courses: Mia Carroll mia.carroll@xtra.co.nz or Phone 027 322 2270

Enrolment: Lee-Anne Govender la.govender@auckland.ac.nz

Courses, course dates: www.fmhs.auckland.ac.nz/son

Postgraduate Study at the School of Nursing

Postgraduate Certificate in Health Sciences

Working with People with

Long Term Conditions - 2012

Long term conditions present one of the most challenging global epidemics of the 21st century. Six out of ten people live with long term conditions and many of these are preventable. Improved health outcomes for these populations depend on effective health care teams.

This qualification is specifically designed for nurses and health professionals who work with people with long term conditions in primary health care practices and other clinical settings and who are interested to:

- Increase their understanding of the populations with long term conditions in their practice or clinical setting.
- Support individuals and populations to reduce their risk of developing long term conditions.
- Increase their knowledge of lifestyle interventions and promotion of client self-management for individuals with long term conditions.
- Improve health outcomes through collaboration and continuous quality improvement.

The postgraduate certificate consists of 2 courses (NURSING 738 and 771). Both courses are very clinically focused and whilst applied primarily in the primary health care setting are applicable to all clinical settings. The content covers risk-assessment, interventions and management strategies and includes the 'Flinders' patient self management training. Whilst it is recognised that most patients have more than one long term condition, specific diseases such as diabetes, cardiac disease, chronic obstructive lung disease, asthma, depression and anxiety are used as examples of long term conditions.

These courses are appropriate for students new to postgraduate study or those at any level of study. Students will be supported through the programme with orientation, mentor support and programme co-ordinator support.

The class days include: input from expert clinicians and key stakeholders; group work; practical clinical assignments ; time to network and learn with other nurses.

The programme is run over 2 semesters (1 course each 12 week semester) and consists of 6 days each semester and 1 day orientation in semester One.

On-campus courses (dependent on student numbers) will be offered in 2012 at:

The University of Auckland (Tamaki Innovation campus), Tauranga, Taranaki and Northland.

Entry criteria:

NB. for nurses employed in PHC it would be helpful if:

- There is written support from senior practice staff for study release and learning support (mentoring)

**NURSING 738 Long Term Condition Management
in Primary Health Care 30 points**

Semester 1
Open to any Registered Health Professional e.g. Registered Nurse, Pharmacist, Physiotherapist/Occupational Therapist, Social Worker
Long term conditions present one of the most challenging global epidemics of the 21st century. This clinically applied course adopts a population health approach to support individuals and populations, reduce their risk of developing specific long term conditions and improve their health outcomes.

**NURSING 771 Chronic Care Interventions
30 points**

Semester 2
Open to any Registered Health Professional e.g. Registered Nurse, Pharmacist, Physiotherapist/Occupational Therapist, Social Worker
Long term condition management includes many strategies to support individuals and their families to deal with disease and its impact on their lives. This course reflects the specialty knowledge and skills inherent in supporting individuals and their families to strengthen their self management, efficacy and confidence related to their long term conditions. It includes implementation of a quality initiative to improve health outcomes.

For more information about courses, course dates on this pathway please contact

Mia Carroll mia.carroll@xtra.co.nz or 027 322 2270

website on www.health.auckland.ac.nz/nursing/

For information about enrolment contact Lee-Anne Govender on la.govender@uuckland.ac.nz

