



### ■ ■ *Tours of the Maternity Unit*

Tours are held on Saturdays at 1.30pm. Meet at the entrance to Ward 14. There is no need to book.

### ■ ■ *Directions*

The closest entrance to the Maternity Unit at Taranaki Base Hospital is on David Street.

Enter the doors at corporate reception and turn left. The Labour Ward (Ward 14) is along the corridor on the ground level.

The Postnatal Ward (Ward 15) is upstairs and accessible by stairs or lift.

The Antenatal Clinic has its own entrance at the end of the Maternity Unit.

### ■ ■ *Patient satisfaction*

Patient satisfaction is important to us and we ask that you provide feedback about your stay in the Maternity Unit. Please ask for a How are we Doing Form.

### ■ ■ *Transport*

If you live in South or Central Taranaki and attend Antenatal Clinic appointments in New Plymouth you can use the free hospital transport which runs regularly during the day between Hawera Hospital, Stratford and Taranaki Base Hospital. For the timetable from Hawera phone 06 278 9929. For the timetable Stratford phone 06 765 7189.

### ■ ■ *Parking*

Patient parking is available by the Antenatal Clinic entrance and Maternity Unit entrance.

### ■ ■ *Contact us*

#### **Labour Ward**

Phone 06 753 6139 and ask operator for the Labour Ward (24 hours)

#### **Antenatal Clinic**

Phone 06 753 6139 ext 8336 (8am-4.30 hours, Monday to Friday)  
Fax 06 753 8687

#### **Postnatal Ward**

Phone 06 753 6139 ext 7750 (24 hours)

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## *Welcome to the Taranaki DHB Maternity Service*



*Our goal is to provide quality care for women and their families during their childbearing experience.*

www.tdhb.org.nz





## ■ ■ *About us*

The Maternity Unit at Taranaki Base Hospital provides care for women throughout Taranaki. The unit includes a Labour Ward (Ward 14), a Postnatal Ward (Ward 15), and an Antenatal Clinic.

Self employed midwives provide maternity care for women in Taranaki and run their own practice, having a contract with Taranaki DHB to use the facility. The Maternity Service at Hawera Hospital provides care for low risk cases.

## ■ ■ *The Antenatal Service*

You may be referred to the Antenatal Clinic to see a specialist obstetrician to discuss plans for your pregnancy while remaining under the care of your midwife.

You may also attend the antenatal clinic for an assessment or antenatal screening test.

## ■ ■ *Hip check clinics*

Hip check clinics are held for babies who have been born at Taranaki Base. They are carried by orthopaedic surgeons in the Postnatal Ward and Antenatal Clinic twice a week.

If you have been discharged home your midwife will advise if you need to return for the clinic

## ■ ■ *Hearing screening*

The Maternity Service offers hearing screening tests for Taranaki babies within their first month of life. Most babies receive the test before leaving hospital. Alternatively, there are outpatient clinics in North, Central and South Taranaki. Babies with a potential moderate to severe hearing loss are followed up appropriately.

## ■ ■ *Birthing pool*

Pregnant women can experience a water birth in a purpose built pool at Taranaki Base Hospital. The birthing pool, located in Ward 14, is used mostly by clients of self employed midwives, with support from TDHB midwives. You can also choose to bring in your own inflatable birthing pool, in consultation with your midwife.

## ■ ■ *Maternity Unit visiting hours*

Visiting hours are between 7am and 10pm for partners of mothers, and siblings of babies. Others can visit between 2pm and 8pm. Please adhere to the visiting times for the comfort and wellbeing of our patients.

## ■ ■ *What to bring when staying in the Maternity Unit*

- Car seat for baby
- Comfortable day clothes and nightwear
- Toiletries for you and any of your choice for baby
- Singlets for baby
- Cuddly wrap for baby
- Tri pillow
- Pen
- Clothes to take baby home in
- Cash for hospital shop or food trolley

## ■ ■ *Meals*

There is a kitchen on each floor where patients can make toast and hot drinks. A daily food trolley visits the ward at 10am on week days. Breakfast is provided at 8am, lunch at 12.15pm and evening meals at 5.30pm.