



■ ■ Services

While in Ward One you will have:

- Medical examination and treatment as indicated
- Review of all medications
- Nursing assessment and overall observation of activities of daily living with assistance as required

You may also have:

- Physiotherapy assessment and/or treatment
- Occupational Therapy assessment intervention, which may include assessment of showering/dressing and other activities required for independence, provision of adaptive equipment, and/or a home visit
- Speech Therapy assessment and/or treatment
- Social Work assessment and Intervention, which may include discussion with family/whanau, networking with support agencies and/or assistance with residential care placement and funding application
- Pharmacist visit to provide education about your medication and ensure safe and reliable medication taking
- Dietician assessment and advice



■ ■ Ward Organisation Consultant Ward Rounds

- Tuesday and Friday mornings

■ ■ Contact Details

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Older People's Health and Rehabilitation Service Welcome to Ward 1 INPATIENT SERVICE



To provide assessment, treatment and rehabilitation, with the aim of enhancing independence and quality of life

www.tdhb.org.nz





■ ■ Our Aims

Assessment, treatment and rehabilitation is about comprehensively assessing the health needs and abilities of individual patients, providing appropriate treatment where possible, and working with patients and their families to maintain or improve function and/or adapt to and cope with lifestyle change.

■ ■ To the Relatives/Whanau

The Older People's Health and Rehabilitation team value your input and may invite you to take part in your relative's activities as part of a rehabilitation plan. It will be of great assistance if you are able to do so.

An appointment with the doctor or individual therapists can be asked for if required. We encourage and can arrange for a formal/informal family meeting to be held. Please bear in mind however that it is likely to be more useful after the patient has been in the ward for a long enough time for assessment to have taken place.

Discharges will be planned by the team, in discussion with patients/families and support agencies.

Note:

Sometimes it is not possible for a patient to return to their own home. The social worker will be able to discuss this with you and assist you in choosing alternative placement.

■ ■ Staff

Medical:

- Consultant Geriatrician
- Medical Registrar
- House Surgeon

Nursing:

- Clinical Nurse Manager
- Nurses
- Health Care Assistants

Allied Health:

- Social Worker
- Physiotherapist
- Occupational Therapist
- Speech Language Therapist
- Pharmacist
- Dietician

Other Services Available:

- Diabetes and Asthma Educators
- Maori Health Visitor
- Chaplain
- Community Liaison Nurse

Each patient is assigned to a team of nurses, who will work with other disciplines to formulate a plan of care relevant to your needs and goals.

We are also able to arrange referral to community support groups.

Relatives are encouraged to liaise with members of the team about ongoing progress.

■ ■ Team Meetings

* The team meets to discuss each patient's progress and goals:

- Monday and Thursday mornings

■ ■ Meals

- Breakfast- 8am
- Lunch - Midday
- Tea - 5.30pm
- Breakfasts are served in patients' rooms - for those that are attending breakfast club breakfast will be in the dining area
- Lunch and tea are served in the dining area
- Visiting is not encouraged during meal times, unless your relative needs feeding and you wish to help, as it may be distracting for other patients. Please ask us if you are unsure

■ ■ Clothing

- Day clothes are usually worn
- Clothes that allow easy movement and well fitting slippers or walking shoes are recommended
- Clothes need to be named as the ward will not accept responsibility for lost items