

Örebro Musculoskeletal Pain Screening Questionnaire (ÖMPSQ)

Circle one.

0 1 2 3 4 5 6 7 8 9 10
No pain Pain as bad as it could be

How often would you say that you have experienced pain episodes, on average, during the past three months? Circle one.

0 1 2 3 4 5 6 7 8 9 10
Never Always

Based on all things you do to cope, or deal with your pain, on an average day, how much are you able to decrease it? Circle the most appropriate number.

0 1 2 3 4 5 6 7 8 9 10
Can't decrease it at all Can decrease it completely

How tense or anxious have you felt in the past week? Circle one.

0 1 2 3 4 5 6 7 8 9 10
Absolutely calm and relaxed As tense and anxious as I've ever felt

How much have you been bothered by feeling depressed in the past week? Circle one.

0 1 2 3 4 5 6 7 8 9 10
Not at all Extremely

In your view, how large is the risk that your current pain may become persistent? Circle one.

0 1 2 3 4 5 6 7 8 9 10
No risk Very large risk

In your estimation, what are the chances that you will be able to work in six months? Circle one.

0 1 2 3 4 5 6 7 8 9 10
No chance Very large chance

If you take into consideration your work routines, management, salary, promotion possibilities and work mates, how satisfied are you with your job? Circle one.

0 1 2 3 4 5 6 7 8 9 10
Not satisfied at all Completely satisfied

Here are some of the things that other people have told us about their pain. For each statement, circle one number from 0 to 10 to say how much physical activities, such as bending, lifting, walking or driving would affect your pain.

TDHB Manual: PHARMACY 730-054-5016	Responsibility: Dr Lorna Fox Acute Pain Service	Version: 1
Date Issued: FEBRUARY 2009	Review By Date: FEBRUARY 2010	Authorised By: HOSPITAL PHARMACOLOGY & THERAPEUTICS COMMITTEE

