

## SOUTH TARANAKI COMMUNITY HEALTH FORUM

held at Hawera Hospital on Wednesday 25 June 2014 at 12.00noon

### MINUTES

#### Present

*Becky Jenkins* Acting General Manager Planning Funding & Population Health; *Leigh Cleland*, Service Manager Child and Maternal Health, Hawera Hospital TDHB; *Marlene Bezuidenhout* Director Mountainview; *Jenny Nager* Grey Power; *Marie Dwyer* Deputy Chair (Patea Medical Trust); *Jenny Hamley* Women's Institute; *Ruth Mackay* Patea Community Board; *Neil Walker* Taranaki Regional Council; *Tom Gibson*; *Raymond Buckland* Hawera Community; *Gordon Hudson* Like Minds Trust; *Tammy Taylor* Minute Taker, TDHB

#### Apologies

*Ross Dunlop* Mayor, South Taranaki District Council; *Colleen Dudley* Te Oranganui Medical Centre; *Sharlene Tapa Mosen* Te Oranganui Medical Centre; *Julie Nitschke*, Wanganui PHO; *Mihi Kahu*, Tui Ora; *Molly Cole* Patea Proud & Business & Citizens of Patea; *Vicki Kershaw* Portfolio Manager Primary Health Care & Community Pharmacy TDHB

Nager/Buckland/Carried

#### 1.0 MINUTES OF PREVIOUS MEETING

The Minutes of the meeting held on 28 May 2014 were received as a true and accurate record.

Bezuidenhout/Nager/Carried

- Mrs Cleland asked that the one remaining item on the Action List be removed as this related back to 2013 and had been addressed.
- Mr Walker noted in the Minutes (and the Terms of Reference circulated) that there is some confusion in terms of the names of two of the Councils. Reference has been made to "South Taranaki Regional Council". It was noted that the two Councils are South Taranaki District Council and Taranaki Regional Council.

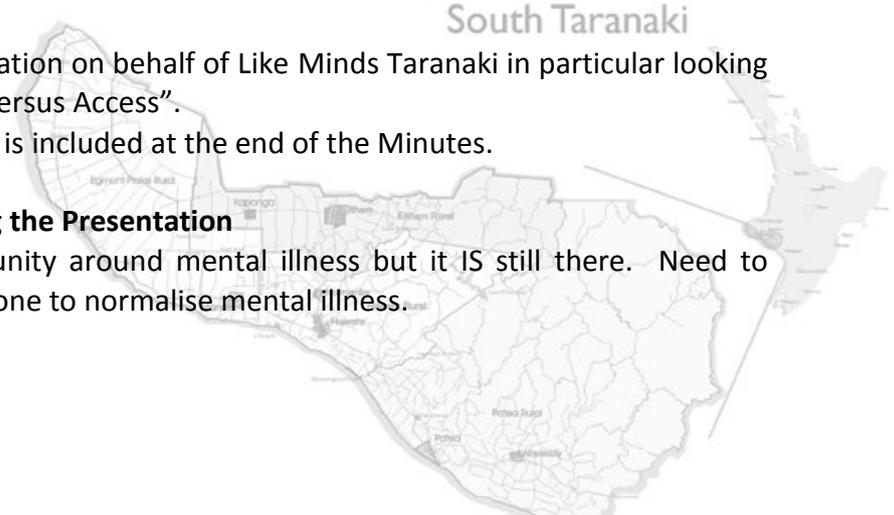
#### 2.0 PRESENTATION – GORDON HUDSON, LIKE MINDS TARANAKI

- Like Minds Taranaki's focus is Mental Health – promoting and trying to demystify mental illness.
- Mr Hudson gave a presentation on behalf of Like Minds Taranaki in particular looking at "Rural Health – Needs Versus Access".
- A copy of the presentation is included at the end of the Minutes.

#### 2.1 General Comments During the Presentation

- Less stigma in the community around mental illness but it IS still there. Need to continue the work being done to normalise mental illness.

South Taranaki



- It was acknowledged that Mental Health Services in Taranaki do a very good job in a very difficult area, with increasing demand and limited resources.
- Mr Hudson thanked Taranaki DHB for the support in helping to set up a Rural Advisory Group which will be a sound example of how the community can work together.
- The DHB, providers and community need to work together to ensure the right care is in the right place.
- Dr Bezuidenhout asked for the links to various Mental Health publications and websites to include on the Mountainview website. Mr Hudson agreed to forward these so they can be included with the Minutes.
- Mr Walker asked Mrs Cleland if the Hospital considers it has adequate services and funding available to deal with Mental Health issues. Mrs Cleland responded that there is a very good Mental Health Service in place, but of course more funding could always be used, as is the case with most services.
- Mrs Cleland will pass on the information from today's meeting to Wendy Langlands the Clinical Services Manager for Mental Health.
- Mrs Jenkins advised the group that Taranaki DHB had its *Community & Public Health Advisory Committee* (CPHAC) meeting the day before the South Taranaki Community Health Forum and at CPHAC there was a strong focus on Mental Health. Taranaki DHB is currently working on a local Action Plan in respect of the National Mental Health Plan, "Rising to the Challenge" (which is about improving Mental Health Services across the board).
- Mrs Dwyer thanked Mr Hudson for his presentation and for all the good work that Like Minds Taranaki is doing for the community. It was suggested that Mr Hudson come back at the end of the year to give the group an update.

### **3.0 PRESENTATION – JENNY NAGER, SOUTH TARANAKI GREY POWER**

- Mrs Nager spoke to the group about the role and background of Grey Power.
- Grey Power was initially set up in Auckland in 1986 to protest against the surcharge on superannuation. The group was known as the Auckland Superannuates Association before becoming Grey Power.
- There are approximately 70 Grey Power Associations throughout New Zealand with some more social than others.
- Grey Power lobby Government organisations around issues to do with health, human rights, electricity, social services, law and order etc.
- One of the recent successes is "Grey Power Electricity" – power prices will be held for five years for those who have signed up (you do need to be a Grey Power member).
- Locally, Grey Power is more social and meets monthly. Generally there is a speaker at the monthly meeting with morning tea followed by a meeting.
- The organisation is there to inform people of different things that may be happening in the community (e.g. the Connector bus service St John's Health Shuttle).
- Currently Grey Power is lobbying the District Council about the state of the Hawera public toilets and the availability of disabled parking in the local supermarket car park.
- Mrs Nager is the Health spokesperson for South Taranaki Grey Power.

- Mr Walker asked if there was a system in place where Grey Power can step in when identifying people that may need help in terms of the health system and linking in with services available. Mrs Nager replied that there are members who also belong to Age Concern who visit the elderly and take them shopping or just visit.
- Age of joining Grey Power is 50 years.
- For those people still in the workforce, the question was asked how they can attend the monthly meetings when they are held during work hours. Mrs Nager responded by saying that people can still join the organisation but they do not have to attend the meetings if they are unable.

#### **4.0 TERMS OF REFERENCE**

- The Terms of Reference (TOR) were circulated to group members prior to the meeting.
- After discussion it was agreed the following changes are to be made to the TOR:
  - MEMBERSHIP
    - Under “Representatives From” - Add Taranaki Regional Council
    - Add the wording “Hawera Hospital” so entry reads: “TDHB – Planning, Funding and Population Health, Clinical Service Manager Maternity & Child Health/**Hawera Hospital**”
  - CHAIRPERSON
    - Add “Service Manager” so entry reads: “Mayor of South Taranaki District Council or appointed deputy or the General/Service Manager TDHB, or appointed deputy.”
- There was a representative from BizLink on the group earlier and Mr Walker has asked that they be reminded of their involvement and seek a new representative. BizLink should also be added to the Membership section of the TOR and added to distribution list for future meetings.
- Terms of Reference to be updated and presented at next meeting for sign-off.
- It was agreed that the Terms of Reference will be added to the Agenda each month to check accountability and whether objectives are being met.

#### **5.0 UPDATES**

##### **5.1 Hawera Hospital Services – Leigh Cleland**

- Winter months – busy in ED and Inpatient Ward.
- In the process of trying to recruit a Midwife/RN into the Maternity Unit and getting close to an appointment.
- Dr Fahmy has not yet started but this is expected soon.
- This week sees the opening of the new Hospital Link at Taranaki Base Hospital. Minister Ryall will be attending a function to open the new hospital on Friday (27 June).
- A lunch will be put on for staff at Base and Hawera Hospitals to say “thank you for your work” around the new building.
- Hawera Maternity has been busy and quiet - usual highs and lows.

- Mrs Dwyer asked about the newspaper report concerning Nurses doing double shifts and whether this was also happening in Hawera. Mrs Cleland advised that this did happen in both Hawera and Base. Although the Hospital tried to avoid this, on the occasions where it did occur this was by mutual agreement with staff.

## **5.2 Mountainview Medical - Dr Bezuidenhout**

- Dr Bezuidenhout reported that staff numbers at Mountainview had increased, but so too were patients numbers.
- A new Doctor is starting on 1 September. Once new Doctor starts this will make 4.6FTE.
- Some discussion occurred around Mental Health patients attending the practice and Mr Walker asked if patients were coming in later for help. Dr Bezuidenhout replied that in some instances this would happen. If a patient comes in and it is a crisis, they will be seen urgently.
- Mrs Nager asked if Dr Bezuidenhout had any feedback in terms of patients being referred out of ED to a GP (for non-urgent cases). It was noted that this is only happening out of Base Hospital at present, and is not happening from Hawera Hospital. Patients are not turned away from ED but are assessed on whether their case is urgent or whether care is more appropriate from their GP.

## **5.3 Patea Community Board - Ruth Mackay**

- Mrs Mackay reported that the community was very happy with medical services provided.
- Currently the local practice is fully staffed.
- Positive feedback received around the new bus service.

## **5.3 Whanganui Regional Health Network – Julie Nitschke**

In her absence, Ms Nitschke sent the following message via email which was read out at the meeting:

*“We are continuing to work on childhood asthma and eczema collaborative pathways, a joint initiative between the Whanganui DHB and WRHN. Key focus areas for the coming year include improving information system capability between ED and accident and medical and GPs, health of older people, child health and front door services.”*

## **5.5 Taranaki Regional Council – Neil Walker**

- Mr Walker reported that there was still an ongoing issue around hoists.
- Not a lot of people are using the Opunake to Manaia transport service.
- Mr Walker happy to accept any advice or suggestions from people present for the benefit of the South Taranaki community.
- Special mention made of the Patea Standby Association and the great service they offer.

## **5.6 Women’s Institute – Jenny Hamley**

- It has been quiet on the local scene due to the National Conference happening in Wellington last week which had 457 attendees.

- Mrs Hamley read from some notes concerning the subjects covered at the Conference.
- Positive reports being received concerning the Connector Bus and the St Johns Door-to-Door service.

#### **5.7 Grey Power – Jenny Nager**

- Kevin Nielsen from Hospice as the guest speaker at the last Grey Power meeting and members found his talk very interesting.
- People very happy with St John shuttle service.

#### **6.0 GENERAL BUSINESS**

- Ms Davey from TDHB to confirm meeting venue for future meetings.
- An Attendance Register will be generated and circulated at each meeting to show attendees. This will be a rolling list that is used throughout the year. (A copy of the proposed Attendance Register is attached with the Minutes.)
- Mrs Cleland was asked about the Dental Clinic at Hawera and she responded that the Clinic was very successful. The Dental Therapists are seeing approximately 20 patients per day. The DNA rate was 25% and this has dropped in recent months to 17%. Not only are the patients happy with the service but the staff are also very positive, feeling secure and having collegial support close by.
- Mr Walker asked that his apologies be noted for the meeting to be held on 23 July.
- The Agenda for the next meeting to include a presentation from Wendy Langlands, Service Manager Mental Health (TDHB). Mrs Cleland will speak to Mrs Langlands about attending. Also include presentation around the care of the elderly.

#### **7.0 KEY MESSAGES TO INCLUDE:**

- Mental Health – Like Minds – the need for collaboration and self awareness among family and friends and the importance around looking out for others.
- The bus service continues to be successful and sustainable, some concern around Opunake to Hawera run.
- Connector Bus and St John Shuttle.
- New Hospital opening at Base.
- Recruitment of Midwife/RN in Hawera.

**Next meeting of the South Taranaki Community Health Forum is scheduled for  
Wednesday 23 July 2014 at 12.00 noon, South Taranaki District Council**



South Taranaki Health Forum - 2014



Taranaki Kowhaiwhai panel - The Hammerhead shark, Mangapure - "keep positive, see it through"

**Like Minds Taranaki's key role is:**

- Promoting mental health
- Demystifying mental illness
- Countering stigma and discrimination associated with mental illness
- Delivering support, education and information to Service Users/Tangata Whaiora, their family/whanau - and the wider community - which, of course, includes the rural community.

*"Mental Health Matters..."*



Taranaki Kowhaiwhai panel - The Hammerhead shark, Mangapure - "keep positive, see it through"

## Rural health - Needs versus Access

### Utilisation (under-utilisation?) of Health Services:

Some examples:	Rural:	Urban:
<b>Cervical Smears per 100 visits</b>		
Aged 25 - 44 years:	4	8
Aged 45 - 64 years:	1	5
<b>Cardiovascular – Diagnostic referrals:</b>		
Rural have 60% fewer referrals		
<b>Prescriptions – General:</b>		
Rural received fewer than urban, per 100 visits	34	50

### Mental Health:

There were fewer presentations for mental health issues

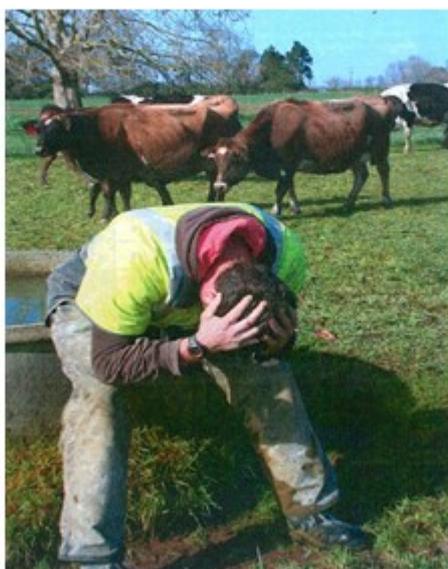
However – there were many more requiring management by prescription

*“Rural health: A literature review of the National Committee, Victoria University, NZ 2006”*

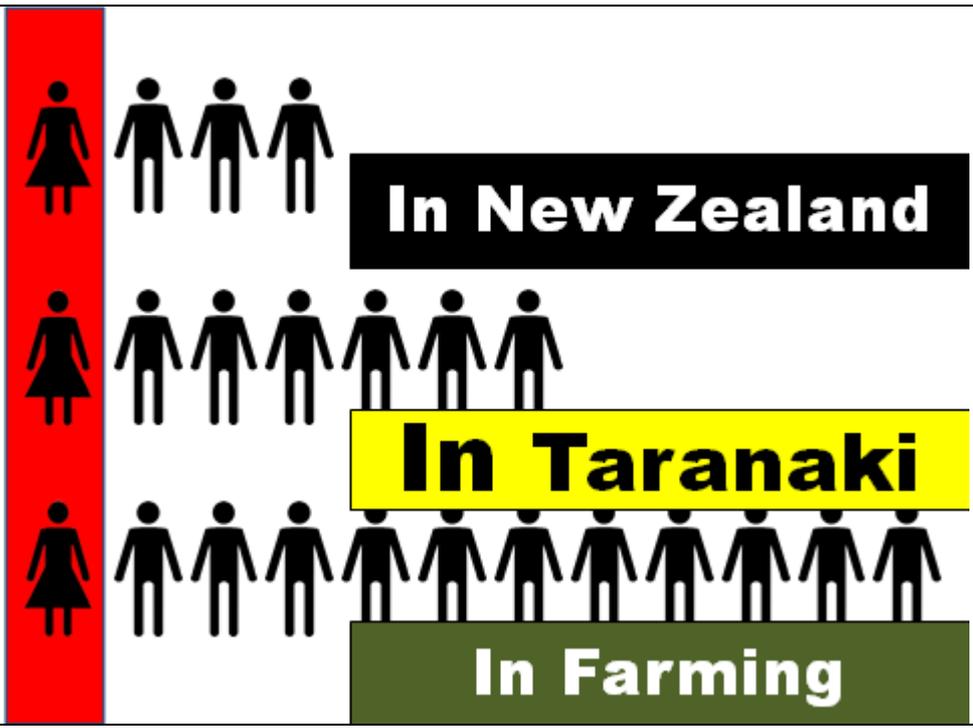
## Accommodation for people with serious mental illness.

North Taranaki:	Beds:
Approximately	30
<b>Central Taranaki:</b>	0
<b>Coastal Taranaki:</b>	0
<b>South Taranaki:</b>	0

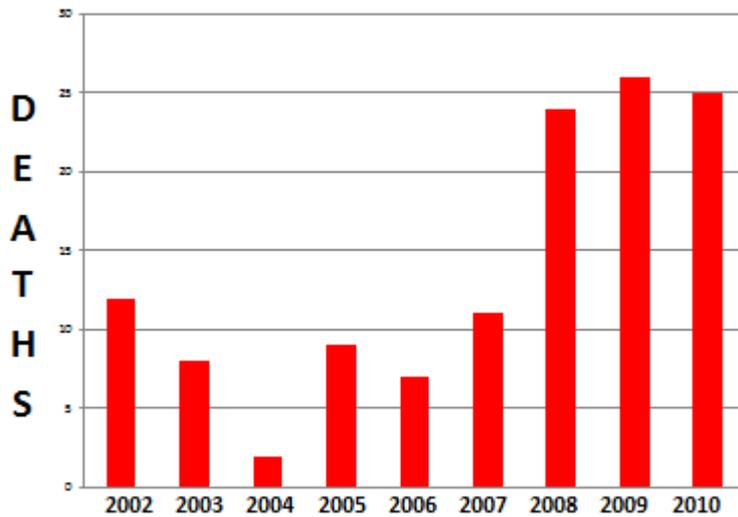
## The Elephant in the Paddock



# National Suicide Statistics 2011

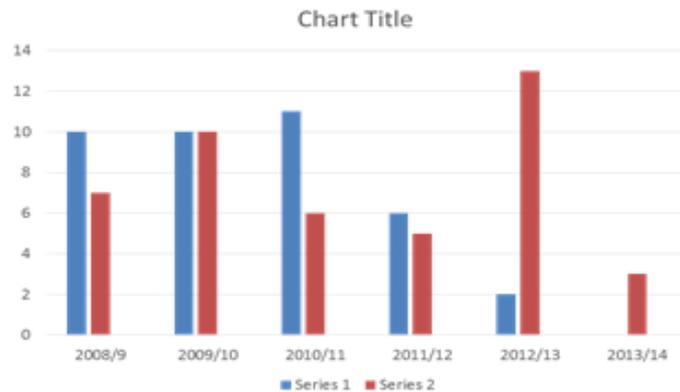


## SUICIDES COMPLETED IN RURAL AREAS 2002-2010



(Farmsafe Leaders Forum March 2011, Chief Coroner NZ, Judge Neil McLean)

### Latest Provisional Data from the Chief Coroner's Office – NZ Rural Suicides in Taranaki – 2008 - 2013: In blue – (left hand side)



Provisional data only but it is a positive indication of what may be achieved when communities of interest work together to resolve a critical issue.

## A positive initiative...

The Taranaki DHB is in the process of establishing a Rural Advisory Committee comprising of representatives from within the Taranaki rural community to work with the Taranaki DHB to promote and achieve optimal mental and physical health services in rural areas.

## Like Minds Taranaki

3<sup>rd</sup> floor,  
Stirling Sports Building  
50 Devon Street West  
NEW PLYMOUTH

06-759-0966

[gordon.hudson@xtra.co.nz](mailto:gordon.hudson@xtra.co.nz)  
[www.likemindstaranaki.org.nz](http://www.likemindstaranaki.org.nz)

### **General information provided by Gordon Hudson as follows:**

For general mental health information: -

Both are large sites but are easily worked through...the first is specific to Taranaki

- [likemindstaranaki.org.nz](http://likemindstaranaki.org.nz)
  - Has the “Feeling Down on the Farm” resource
  - Also our 32 page Taranaki Mental health Sector Directory
- [mental.health.org.nz](http://mental.health.org.nz)
  - this is a larger site with more resources – not specific to Taranaki

For specific successful websites:

- [Depression.org.nz](http://Depression.org.nz) (adult) – fronted by Sir John Kirwan
- [Thelowdown.co.nz](http://Thelowdown.co.nz) (youth)

**Attendance Register 2014**  
**South Taranaki Community Health Forum**

Date	23/07/2014	27/08/2014	24/09/2014	29/10/2014	26/11/2014	TOTAL
Becky Jenkins						
Colleen Dudley						
Greg Simmons						
Jenny Hamley						
Jenny Nager						
John Hooker						
Julie Nitschke						
Leigh Cleland						
Marie Dwyer						
Marlene Bezuidenhout						
Mihi Kahu						
Molly Cole						
Neil Walker						
Nicola Walsh						
Raymond Buckland						
Rosemary Clements						
Ross Dunlop						
Ruth Mackay						
Sharlene Tapa-Mosen						
Te Oti Katene						
Vicki Kershaw						
Warren Nicholls						

KEY	
Attended	✓
Apology	A
Leave of Absence	LOA
Absent	AB