

# Taranaki District Health Board

# Annual Plan Summary

# 2015-16



Taranaki Together, a Healthy Community  
Taranaki Whanui, He Rohe Oranga

# *Our Shared Vision - Te Matakite*

**Taranaki Together, a Healthy Community  
Taranaki Whanui, He Rohe Oranga**

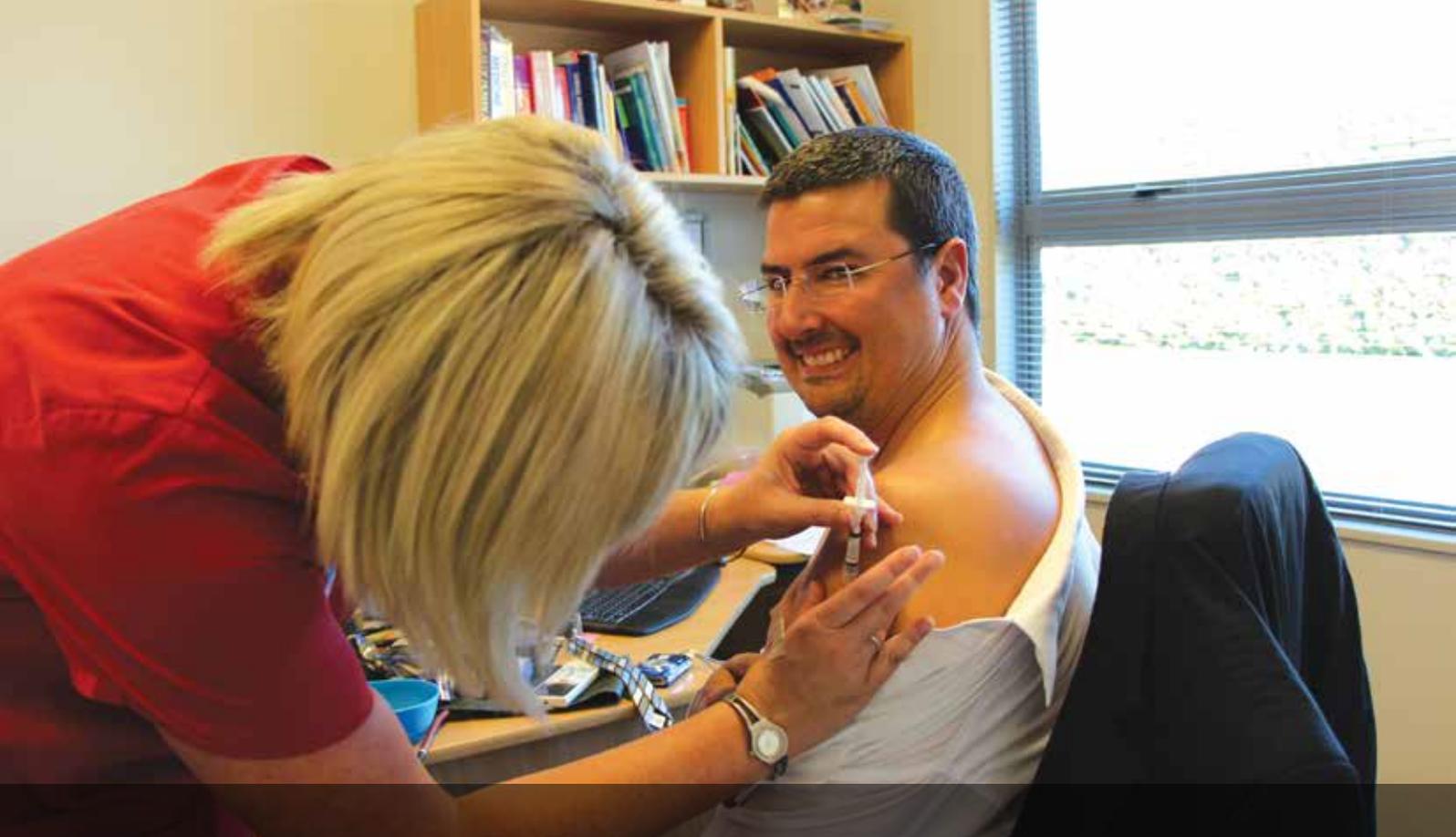
## *We will work together by:*

- ☛ Treating people with trust, respect and compassion
- ☛ Communicating openly, honestly and acting with integrity
- ☛ Enabling professional and organisational standards to be met
- ☛ Supporting achievement and acknowledging successes
- ☛ Creating healthy and safe environments
- ☛ Welcoming new ideas

## *Our Mission – Te Kaupapa*

**Improving, promoting, protecting and caring for the health and wellbeing of the people of Taranaki.**





# Our Aims

To promote healthy lifestyles and self-responsibility.

To have the people and infrastructure to meet changing health needs.

To have people as healthy as they can be through promotion, prevention, early intervention and rehabilitation.

To have services that are people-centred and accessible where the health sector works as one.

To have a multi-agency approach to health.

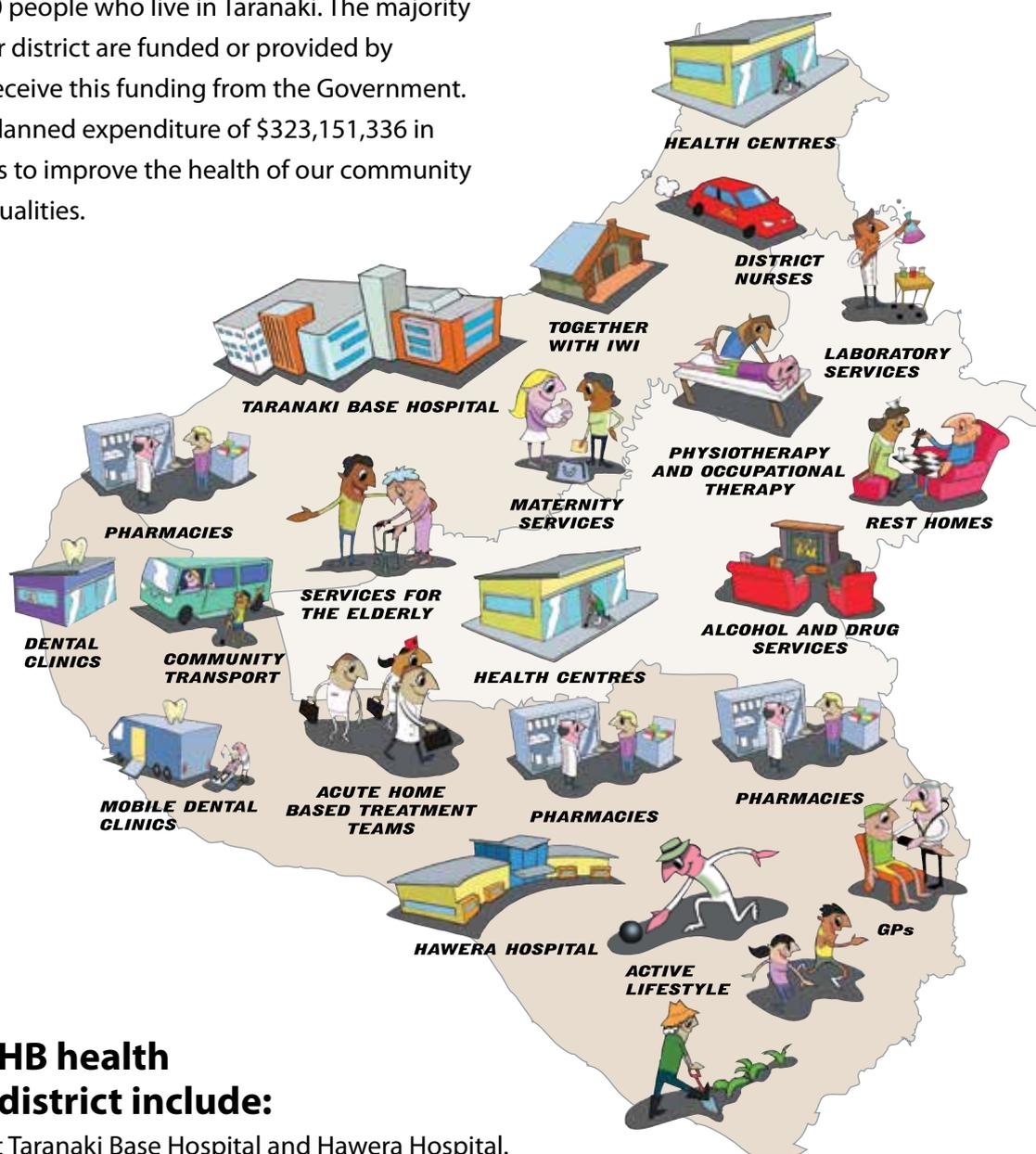
To improve the health of Māori and groups with poor health status.

To lead and support the health and disability sector and provide stability throughout change.

To make the best use of the resources available.

# ABOUT TARANAKI DHB

Taranaki DHB employs more than 1700 people and is responsible for planning, funding and providing hospital and healthcare services for the 118,560 people who live in Taranaki. The majority of health services in our district are funded or provided by Taranaki DHB and we receive this funding from the Government. In 2015/16 we have a planned expenditure of \$323,151,336 in order to pay for services to improve the health of our community and reduce health inequalities.



## The Taranaki DHB health services in our district include:

- Hospital services at Taranaki Base Hospital and Hawera Hospital.
- Community Health Centres in Waitara, Stratford, Opunake, Patea and Mokau.
- Key relationship with one Primary Health Organisation, The Midland Health Network with 30 aligned GP practices.
- 21 dental practices.
- 26 community pharmacies.
- Community laboratory services and radiology services.
- Community based mental health, and alcohol & addictions service providers.
- Support services for people with disability, including 28 residential facilities and rest homes.
- 16 providers of community health and home based support for older people services.
- Access to tertiary and more specialist hospital health care in other parts of New Zealand.
- Well Child / Tamariki Ora.
- Māori Health Services.



# PAULINE LOCKETT, CHAIR

The Taranaki District Health Board (TDHB) remains ready to meet the significant challenges the New Zealand public health system as a whole continues to face. We believe that with these challenges, come opportunities for service improvement and our Annual Plan 2015-16 details many service improvements and interventions which we believe will have positive impacts on the health status of our population.

There is a general acceptance that if we are to prepare well for a healthy health and disability sector, we must focus on the following four areas:

## **1. Better integration of services within health and across the social sector:**

Strengthening integration within health and across Government to support the most vulnerable, reduce inequities and address issues outside the health and disability system that impact on health.

## **2. Improving the way services are purchased and provided:**

Ensuring funding models support change, building and supporting the key enablers and drivers of change: workforce, health information and capital.

## **3. Continuing to improve quality and performance:**

Driving performance through measuring and rewarding the right things to improve quality.

## **4. Supporting leadership and capability for change:**

Supporting strong governance, clinical and executive leadership and capability across the health sector.

The Taranaki DHB Annual Plan 2015-16 is supported by a Māori Health Plan, in line with Te Kawau Maro (Taranaki Māori Health Strategy), developed together with the Māori Health Sector and Te Whare Punanga Korero, our Iwi relationship board.

This document expresses our continued commitment to our local strategic vision of Taranaki Together, a Healthy Community – Taranaki Whanui He Rohe Oranga. It also articulates our commitment to meeting the Minister's expectations, including the Health Targets, and how we will achieve this, as well as how we will work with our Midland DHB partners to deliver on Better, Sooner, More Convenient services for our local people. A full copy of the plan can be found at [www.tdhb.org.nz](http://www.tdhb.org.nz)



# MĀORI HEALTH

- Taranaki DHB is working hard to improve the health of Māori by addressing the 17 key indicators for improving Māori Health and enabling a Pae Ora approach to the health and well being of Māori living in Taranaki.
- Our Māori Health Plan has been implemented to reduce health inequalities between Māori and non-Māori.
- We are targeting the health issues that are most prevalent in Taranaki Māori; including cardiovascular disease and cervical cancer, improving breastfeeding rates in Māori, and increasing the number of Māori enrolled with a GP.
- We are working with whānau, hapū and iwi to reduce 'Did Not Attend' (DNA) appointment rates in the priority areas for outpatient appointments.
- Improving access to Māori children's health is a priority. We provide free onsite vaccinations at Māori Womans Welfare League health days on Marae and in the community.
- The Māori Health newsletter called E Pēwhea Ana Tō Ora (How's Your Health?) is distributed through our Māori health networks and provides healthcare information specific to Māori.



# HEALTH OF OLDER PEOPLE

- With the aging population on the rise, we already have strategies in place and are planning for people's healthcare to meet this growing demand.
- We are empowering people to take greater responsibility for their health by providing support to stop smoking, nutrition advice and free influenza vaccines for over 65's.
- We provide support for older people to continue safe independent living at home via our partnership with primary and community health services that provide comprehensive in-home healthcare.
- Our hospitals and GPs are working together so that people can better manage chronic health conditions such as diabetes and cardiovascular disease so people can remain living independently at home for longer.
- Our Rapid Response Service means when older people present at ED, systems are put in place to support their health and prevent readmission to hospital services.
- Older people with recently diagnosed dementia are supported via 'Living Well' groups.
- Older people have access to a fracture liaison service which delivers a comprehensive diagnosis and treatment.
- Taranaki DHB are about to develop a Health of Older People Strategy for the region and will be looking at the various determinants that impact on older people's health and identifying what the DHB can do to address these issues and improve the health of our older population.



# MENTAL HEALTH

- We continue to work collaboratively with other Government agencies, our NGOs (non Government organisations), GPs and Midlands Health to redesign Mental Health and Addiction Services in our hospitals and out in the community.
- We are working with our partners to implement robust early intervention strategies to maintain wellness for those experiencing Mental Health and Addiction issues.
- We are improving access to Mental Health Services, especially for our Taranaki taiohi/ youth in the areas of follow up care for those discharged from CAMHS and youth AOD services.
- With other agencies and sectors we are working together to implement the Suicide Prevention and Postvention Action Plan in 2015-16 to provide better support for those at risk of suicide.



## CHILD AND YOUTH

- We continue to improve the access that pregnant women, babies, children and families have to services that maintain good health and independence and encourage everyone to enrol with a GP and Well Child Tamariki Ora provider (WCTO) as early as possible.
- We support the Children's Action Plan and continue to work collaboratively across the sector to reduce assaults on children and improve outcomes for vulnerable families.
- Women's health is promoted by offering nutritional and physical health resources, advice and support to pregnant and new mothers, including specialist support to quit smoking and gestational diabetes screening and management.
- Mothers and babies are offered free vaccinations to protect them against influenza and whooping cough and children are given free B4 School Checks before they go to school.
- We promote giving babies the best start in life by educating about and supporting breastfeeding via programmes like 'Breastfeeding Welcome Here', which has established more than 70 breastfeeding accredited sites in Taranaki.
- We have mobile dental clinics in Taranaki during school holidays to enable children and young people greater access to dental care.
- Children under 13 years of age have access to free visits at their registered GP.
- We are working with Midlands Health Network to improve support for youth through the development of technology targeting youth suicide, smoking, sexual health and drug and alcohol.
- We continue to participate in the Social Sector Trials with other agencies. Together we are focused on improving outcomes for young people by lowering youth crime, alcohol and drug consumption and truancy and increasing youth engagement with education and employment.



# CHRONIC LONG TERM CONDITIONS

- Our priority is to make sure the right people receive the right treatment at the right time.
- We are empowering people to take greater responsibility for their health by supporting them to stop smoking, encouraging people to eat a healthy diet and exercise and to get immunised against preventable diseases which will all decrease a person's risk of long term health conditions.
- Hospitals and GPs are working together so that people can better manage chronic health conditions, such as diabetes and cardiovascular disease so they can self manage and remain living independently at home.
- We provide funding to GPs to support long term condition programmes so that their patients can receive heart and diabetes checks in the community.



# SERVICE INTEGRATION

- The integration of health services is about GPs, Midland Health Network, community and hospital health services providing a co-ordinated and seamless service that supports the patient journey and improves outcomes for patients.
- The goal is a much more connected health system that places patients in the centre of the system.
- By working so closely together, Taranaki DHB and Midlands Health Network are ensuring patients receive the right care, at the right place.
- Taranaki DHB and Midland Health Network are working together to help reduce the number of patients being treated at local emergency departments (EDs). If a patient comes into ED and would be better seen by a GP, ED staff will assist them to go back to their general practice or medical centre.
- The Primary Options Acute Care programme provides GPs with access to a range of funded diagnostic and treatment services to help treat patients with acute illnesses in the community, reducing the number of acute referrals to hospitals. We are also improving wait times for diagnostics.



## PROMOTING QUALITY & SAFETY. MANAGE RISK

- We continue to keep our patients safe by participating in the national patient safety campaigns such as falls risk assessment, medication safety and hand hygiene.
- We are strengthening the way we communicate and engage with our staff and community.
- Our patient/whanau centred framework is evolving. This places the patient in the centre of care.
- We promote immunisation against influenza and offer free vaccinations for all Taranaki DHB staff to protect our patients and visitors from getting the flu.

## MAKE BEST USE OF RESOURCES

- Achieve financial plan of the DHB.
- Grow Health Workforce through strengthening recruitment, retention and repatriation.
- Capital expenditure will not exceed the depreciation expense for the equivalent financial year.
- Delivery of IT priorities.

# IMPROVING OUR PERFORMANCE AND MEASURING SUCCESS 2015-16



## SHORTER STAYS IN ED TARGET 95%

The target is 95 percent of patients will be admitted, discharged, or transferred from an Emergency Department (ED) within six hours.

The target is a measure of the efficiency of flow of acute (urgent) patients through public hospitals, and home again.



## IMPROVED ACCESS TO ELECTIVE SURGERY TARGET 100%

The target is an increase in the volume of elective surgery by at least 4000 discharges per year.



## FASTER CANCER TREATMENT TARGET 85%

The target is 85 percent of patients receive their first cancer treatment (or other management) within 62 days of being referred with a high suspicion of cancer and a need to be seen within two weeks by July 2016, increasing to 90 percent by June 2017.



## INCREASED IMMUNISATION TARGET 95%

The national immunisation target is 95 percent of eight month-olds have their primary course of immunisation at six weeks, three months and five months on time.



## BETTER HELP FOR SMOKERS TO QUIT HOSPITAL TARGET 95% / PRIMARY CARE TARGET 90%

The target is 95 percent of patients who smoke and are seen by a health practitioner in public hospitals, and 90 percent of patients who smoke and are seen by a health practitioner in primary care, are offered brief advice and support to quit smoking.



## MORE HEART AND DIABETES CHECKS TARGET 90%

This target is 90 percent of the eligible population will have had their cardiovascular risk assessed in the last five years.