



# Rachel Hickson,

## *Social Worker*

I have been a Social Worker for six years and I still love my job now, as much as when I first started. I work in a very supportive team environment, where our common goal is to promote positive social change for clients, impacting on their health and independence. You need to be able to value individual differences and to listen without making judgement.

You are often challenged to creatively seek out and develop resources to assist with the different problems and client systems we encounter, as well as advocating for those who are unable to advocate for themselves.

To work in health you need a passion for ongoing learning and because learning is continuous it makes a career in health stimulating and interesting. The diversity in health social work means you have options to work generically or in speciality areas, covering ages from newborns to the elderly.